

Benadryl Dosage

Diphenhydramine (Benadryl)

Products labeled "allergy plus cold" or "allergy plus sinus" are not recommended for children un the age of 6, as they contain additional medications. Always use the measuring device packaged with the liquid medication; do no substitute another measuring device.

Children's Liquid:	12.5 mg/5 mL = 12.5 mg/1 tsp
Children's Chewables or FastMelt Tablets:	12.5 mg each
Adult Tablets, Capsules, or Quick Dissolve Strips:	25 mg each

Indication: Give for hives, allergic reaction, itching or seasonal allergy symptoms. Not recommended as a sleep aid or for relief of cold symptoms. Not recommended under the age of 1 without supervision of a doctor.

Timing: You may give a dose of diphenhydramine (Benadryl) every 6 hours as needed.

Weight	Liquid	Chewable Tablets	Tablets/Strips
17-21 lbs	3/4 tsp = 3.75 mL		
22-32 lbs	1 tsp = 5 mL	1 chew	
33-42 lbs	1 1/2 tsp = 7.5 mL	1 1/2 chews	
43-53 lbs	2 tsp = 10 mL	2 chews	1 tablet
54-64 lbs	2 1/2 tsp = 12.5 mL	2 1/2 chews	
55-75 lbs	3 tsp = 15 mL	3 chews	
76-86 lbs	3 1/2 tsp = 17.5 mL	3 1/2 chews	
> 86 lbs	4 tsp = 20 mL	4 chews	2 tablets